

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Vanmaercke Inge

Coaches: Ryckeman Brian

Coaches: Segert Wim HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M BREASTSTROKE MIXED 10-9

Heat:2, starttime: 14:05

Heat: 2/4 Lane : 4 Athlete: BAUWENS ELSA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 1: 200M BREASTSTROKE MIXED 10-9

Heat:3, starttime: 14:10

Heat: 3/4 Lane : 3 Athlete: DAUWE EMMA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 1: 200M BREASTSTROKE MIXED 10-9

Heat:4, starttime: 14:15

Heat: 4/4 Lane : 4 Athlete: QUARTIER QUINN

Q-time: 03:52:12

PB (25m pool): 03:52.12 Diksmuide 09/03/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.37		no time		02:51.27		03:52.12
	00:51.37							01:00.85

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 14:25

Heat: 3/10 Lane : 3 Athlete: MAENE IMKE

Q-time: 01:58:16

PB (25m pool): 02:05.62 Diksmuide 30/12/2023

PB (50m pool): 01:58.16 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		02:05.62	
		no time			
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:4, starttime: 14:30

Heat: 4/10 Lane : 4 Athlete: NAESENS MYRTHE

Q-time: 01:45:03

PB (25m pool): 01:45.03 Diksmuide 09/03/2025

PB (50m pool): 01:44.62 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.45		01:45.03	
		00:49.45		00:55.58	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:4, starttime: 14:30

Heat: 4/10 Lane : 7 Athlete: DE CLOEDT DELGADO LISA

Q-time: 01:49:87

PB (25m pool): no time

PB (50m pool): 01:49.87 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:6, starttime: 14:35

Heat: 6/10 Lane : 3 Athlete: SEGAERT HANNE

Q-time: 01:38:40

PB (25m pool): 01:38.40 Diksmuide 28/12/2025

PB (50m pool): 01:42.27 SB: 01:38.40 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.59		01:38.40	
		00:47.59		00:50.81	
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:6, starttime: 14:35

Heat: 6/10 Lane : 7 Athlete: DEKEYSER NORAH

Q-time: 01:39:08

PB (25m pool): 01:39.08 Diksmuide 09/03/2025

PB (50m pool): 01:42.38 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.48		01:39.08	
		00:47.48		00:51.60	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:7, starttime: 14:35

Heat: 7/10 Lane : 5 Athlete: VANDERBEKE MARILOU

Q-time: 01:33:81

PB (25m pool): 01:33.81 Temse 17/11/2025

PB (50m pool): 01:41.12 SB: 01:33.81 Temse 17/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.69		01:33.81	
		00:44.69		00:49.12	
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:7, starttime: 14:35

Heat: 7/10 Lane : 7 Athlete: VANDEN EECKHOUTE LILY

Q-time: 01:34:75

PB (25m pool): 01:33.84 Diksmuide 10/03/2024

PB (50m pool): 01:34.75 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:33.84	
		no time			
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+

Heat:9, starttime: 14:40

Heat: 9/10 Lane : 3 Athlete: JUNGBLUTH ELISE

Q-time: 01:27:46

PB (25m pool): 01:23.51 Brugge 20/10/2024

PB (50m pool): 01:27.46 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.96		01:23.51	
		00:38.96		00:44.55	
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:4, starttime: 14:55

Heat: 4/10 Lane : 4 Athlete: GOODESEUNE LEON

Q-time: 02:01:04

PB (25m pool): 02:01.04 Diksmuide 28/12/2025

PB (50m pool): no time SB: 02:01.04 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:57.93		02:01.04	
		00:57.93		01:03.11	
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:4, starttime: 14:55

Heat: 4/10 Lane : 6 Athlete: VERMOTE SIEBE

Q-time: 02:04:06

PB (25m pool): no time

PB (50m pool): 02:04.06 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+

Heat:6, starttime: 15:00

Heat: 6/10 Lane : 3 Athlete: LAFORCE LANDER

Q-time: 01:44:06

PB (25m pool): 01:44.06 Zwevegem 11/05/2025

PB (50m pool): 01:52.16 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.85		01:44.06	
		00:49.85		00:54.21	
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:1, starttime: 15:10

Heat: 1/10 Lane : 5 Athlete: JUNGBLUTH ELISE

Q-time: 99:99:99

PB (25m pool): 01:15.27 Diksmuide 29/12/2024

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.48		01:15.27	
		00:35.48		00:39.79	
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:1, starttime: 15:10

Heat: 1/10 Lane : 6 Athlete: VANDEN EECKHOUTE LILY

Q-time: 99:99:99

PB (25m pool): 01:26.21 Diksmuide 10/03/2024

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.21	
		no time			
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:4, starttime: 15:15

Heat: 4/10 Lane : 8 Athlete: MAENE IMKE

Q-time: 01:48:24

PB (25m pool): 01:48.24 Meulebeke 06/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:48.24	
		no time			
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:5, starttime: 15:20

Heat: 5/10 Lane : 7 Athlete: DE CLOEDT DELGADO LISA

Q-time: 01:33:90

PB (25m pool): 01:33.90 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:33.90 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.61		01:33.90	
		00:43.61		00:50.29	
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:6, starttime: 15:20

Heat: 6/10 Lane : 2 Athlete: NAESENS MYRTHE

Q-time: 01:29:45

PB (25m pool): 01:29.45 Meulebeke 06/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.45	
		no time			
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:6, starttime: 15:20

Heat: 6/10 Lane : 6 Athlete: ANTIERENS LOUISE

Q-time: 01:29:23

PB (25m pool): 01:29.23 Menen 01/05/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.23	
		no time			
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:6, starttime: 15:20

Heat: 6/10 Lane : 7 Athlete: VANDERBEKE MARILOU

Q-time: 01:30:00

PB (25m pool): 01:30.00 WAREGEM 27/09/2025

PB (50m pool): no time SB: 01:30.00 WAREGEM 27/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:30.00	
		no time			
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:7, starttime: 15:20

Heat: 7/10 Lane : 6 Athlete: CANNIERE ERIN

Q-time: 01:23:25

PB (25m pool): 01:23.25 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:23.25 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.47		01:23.25	
		00:39.47		00:43.78	
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:9, starttime: 15:25

Heat: 9/10 Lane : 2 Athlete: RYCKEMAN ELLA

Q-time: 01:15:55

PB (25m pool): 01:15.55 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:15.55 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.65		01:15.55	
		00:34.65		00:40.90	
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 4: 100M MEDLEY WOMEN 11+

Heat:9, starttime: 15:25

Heat: 9/10 Lane : 3 Athlete: DEVUYST OONA

Q-time: 01:14:75

PB (25m pool): 01:14.75 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:14.75 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.29		01:14.75	
		00:35.29		00:39.46	
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:6, starttime: 15:40

Heat: 6/11 Lane : 6 Athlete: FERKET AIDAN

Q-time: 01:30:24

PB (25m pool): 01:30.24 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:30.24 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.42		01:30.24	
		00:39.42		00:50.82	
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:7, starttime: 15:45

Heat: 7/11 Lane : 5 Athlete: STAELENS TYLER

Q-time: 01:24:82

PB (25m pool): 01:24.82 Meulebeke 06/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:24.82	
		no time			
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+

Heat:8, starttime: 15:45

Heat: 8/11 Lane : 5 Athlete: SEGAERT KOBE

Q-time: 01:17:00

PB (25m pool): 01:17.00 Meulebeke 06/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.00	
		no time			
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 5: 100M MEDLEY MEN 11+

Heat:9, starttime: 15:45

Heat: 9/11 Lane : 2 Athlete: DAUWE LARS

Q-time: 01:15:73

PB (25m pool): 01:15.73 Diksmuide 28/12/2025

PB (50m pool): no time SB: 01:15.73 Diksmuide 28/12/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.30		01:15.73	
		00:35.30		00:40.43	
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9

Heat:2, starttime: 15:55

Heat: 2/4 Lane : 5 Athlete: DAUWE EMMA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9

Heat:2, starttime: 15:55

Heat: 2/4 Lane : 8 Athlete: BAUWENS ELSA

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9

Heat:4, starttime: 16:00

Heat: 4/4 Lane : 4 Athlete: QUARTIER QUINN

Q-time: 01:22:25

PB (25m pool): 01:22.25 Zwevegem 11/05/2025

PB (50m pool): 01:26.84 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.95		01:22.25	
		00:38.95		00:43.30	
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:3, starttime: 16:30

Heat: 3/8 Lane : 8 Athlete: CANNIERE ERIN

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:6, starttime: 16:45

Heat: 6/8 Lane : 7 Athlete: ANTIERENS LOUISE

Q-time: 03:16:63

PB (25m pool): 03:16.63 Meulebeke 06/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.22		01:35.82		no time		03:16.63
	00:46.22			00:49.60				

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:7, starttime: 16:50

Heat: 7/8 Lane : 5 Athlete: RYCKEMAN ELLA

Q-time: 02:50:25

PB (25m pool): 02:50.25 Diksmuide 09/03/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.44		01:24.37		02:09.09		02:50.25
	00:40.44			00:43.93		00:44.72		00:41.16

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:7, starttime: 16:50

Heat: 7/8 Lane : 6 Athlete: DEKEYSER NORAH

Q-time: 02:55:71

PB (25m pool): 02:55.71 Diksmuide 12/10/2025

PB (50m pool): no time SB: 02:55.71 Diksmuide 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.59		01:26.17		02:11.75		02:55.71
	00:41.59			00:44.58		00:45.58		00:43.96

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:7, starttime: 16:50

Heat: 7/8 Lane : 8 Athlete: SEGAERT HANNE

Q-time: 03:03:44

PB (25m pool): 03:03.44 Diksmuide 09/03/2025

PB (50m pool): 03:17.75 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.34		01:31.38		02:18.03		03:03.44
		00:44.34		00:47.04		00:46.65		00:45.41

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+

Heat:8, starttime: 16:55

Heat: 8/8 Lane : 8 Athlete: DEVUYST OONA

Q-time: 02:42:16

PB (25m pool): 02:42.16 Diksmuide 12/10/2025

PB (50m pool): no time SB: 02:42.16 Diksmuide 12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.01		01:19.47		02:01.34		02:42.16
		00:38.01		00:41.46		00:41.87		00:40.82

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:2, starttime: 17:00

Heat: 2/10 Lane : 2 Athlete: LAFORCE LANDER

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
		no time						

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:4, starttime: 17:10

Heat: 4/10 Lane : 1 Athlete: GOUDESEUNE LEON

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
		no time						

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:6, starttime: 17:20

Heat: 6/10 Lane : 4 Athlete: FERKET AIDAN

Q-time: 03:09:64

PB (25m pool): 03:09.64 Meulebeke 06/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.10		01:32.65		no time		03:09.64
		00:45.10		00:47.55				

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:8, starttime: 17:30

Heat: 8/10 Lane : 4 Athlete: STAELENS TYLER

Q-time: 02:51:67

PB (25m pool): no time

PB (50m pool): 02:51.67 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
		no time						

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:9, starttime: 17:30

Heat: 9/10 Lane : 1 Athlete: DAUWE LARS

Q-time: 02:49:19

PB (25m pool): 02:49.19 Meulebeke 06/04/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.07		01:22.64		no time		02:49.19
		00:39.07		00:43.57				

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+

Heat:9, starttime: 17:30

Heat: 9/10 Lane : 5 Athlete: SEGAERT KOBE

Q-time: 02:40:01

PB (25m pool): 02:40.01 Diksmuide 09/03/2025

PB (50m pool): 02:45.74 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.98		01:19.08		02:00.86		02:40.01
		00:37.98		00:41.10		00:41.78		00:39.15

Coach feedback: